



JERSEY TASTES!

RECIPES

Apple "Donuts"



INGREDIENTS

FAMILY-SIZE SERVES 4

- 3 Jersey Fresh Apples
- 1/3 cup Peanut Butter
- 1/3 cup Chocolate-Hazelnut Spread (or Nut Butter of your choice)
- Choose Toppings:
 - Coconut Flakes
 - Sprinkles
 - Mini Chocolate Chips
 - Granola
 - Bananas, chopped

SCHOOL FOOD SERVICE # PORTIONS: 24

- 24 Jersey Fresh Apples
- 1.75 cups Peanut Butter, Sunbutter or Almond Butter
- 6 cups Granola

Great Elementary Lunch Entrée!

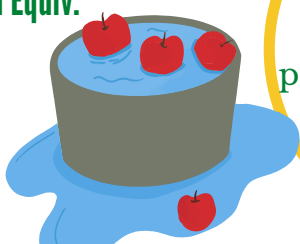
Make it a Fun Activity!!!

PORTION SIZE: 1 Serving (Approx. 3-4 Apple Slices) =

1/2 cup Fruit

1 oz. Meat Alternate

1 oz. Grain Equiv.



Fun Fact:
Apples are 25% air making them the perfect fruit for apple bobbing.

DIRECTIONS

- 1** Slice off top & bottom from each apple & discard.
- 2** Cut out center of apple using a paring knife, melon baller, etc. to create a hole in the center of each apple.** Slice apples into 1/4 - 1/2 inch circles. Each apple slice should look like a "donut"
- 3** Get the kiddos involved to help spread the peanut butter, chocolate-hazelnut spread or other nut butter with a knife or spatula on each apple slice.
Food Service: Spread approx. 1.5-2 teaspoons of nut butter on each apple slice.
- 4** Garnish each with toppings of choice using little fingers or spoons.
Food Service: Place granola in a bowl & dip apple slice or simply place apple slices on sheet pan & sprinkle with granola. Enjoy!

****NOTE:** For extra family fun, slice apples first then have kids use cookie or biscuit cutter to make hole in the middle of apple.

RECIPES MADE IN COLLABORATION WITH:

